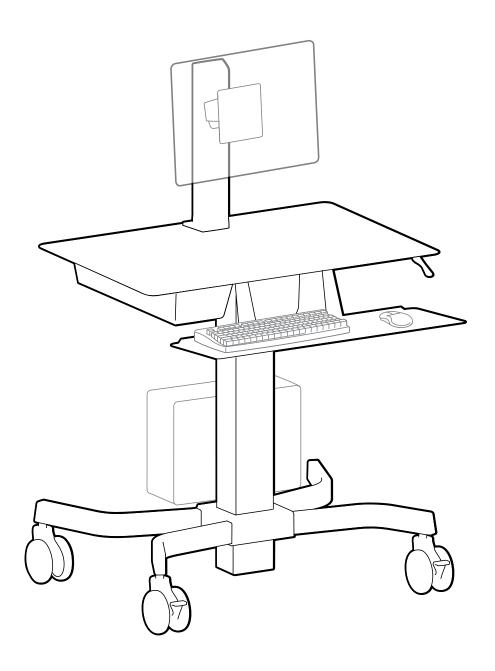


# WorkFit-C, Single LCD Mount, LD



For the latest User Installation Guide please visit: www.ergotron.com



User's Guide - English Guía del usuario - Español Manuel de l'utilisateur - Français Gebruikersgids - Deutsch Benutzerhandbuch - Nederlands Guida per l'utente - Italiano Användarhandbok - svenska ユーザーガイド: 日本語

用户指南: 汉语





# Hazard Symbols Review

These symbols alert users of a safety condition that demands attention. All users should be able to recognize and understand the significance of the following Safety Hazards if encountered on the product or within the documentation. Children who are not able to recognize and respond appropriately to Safety Alerts should not use this product without adult supervision!

Symbol	Signal Word	Level of Hazard
	NOTE	A NOTE indicates important information that helps you make better use of this product.
	CAUTION	A CAUTION indicates either potential damage to hardware or loss of data and tells you how to avoid the problem.
<u> </u>	WARNING	A WARNING indicates either potential for property damage, personal injury, or death.
(A)	ELECTRICAL	An Electrical indicates an impending electrical hazard which, if not avoided, may result in personal injury, fire and/or death.

# Safety



Important! You will need to adjust this product after installation is complete. Make sure all your equipment is properly installed on the product before attempting adjustments. This product should move smoothly and easily through the full range of motion and stay where you set it. If movements are too easy or difficult or if product does not stay in desired positions, follow the adjustment instructions to create smooth and easy movements. Depending on your product and the adjustment, it may take many turns to notice a difference. Any time equipment is added or removed from this product, resulting in a change in the weight of the mounted load, you should repeat these adjustment steps to ensure safe and optimum operation.

# **▲** WARNING

### **IMPACT HAZARD**

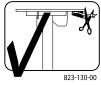




## **MOVING PARTS CAN CRUSH & CUT**

Do not remove the zip tie and cardboard spacer which keep the hand brake from disengaging until instructed to in the manual. Removing the zip tie before the cart is unpacked and standing upright may cause unintended motion of the riser. Failure to heed this warning may lead to personal injury or equipment damage.

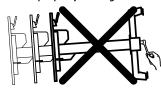




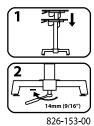
# **▲** WARNING

## IMPACT HAZARD Moving Parts Can Crush & Cut

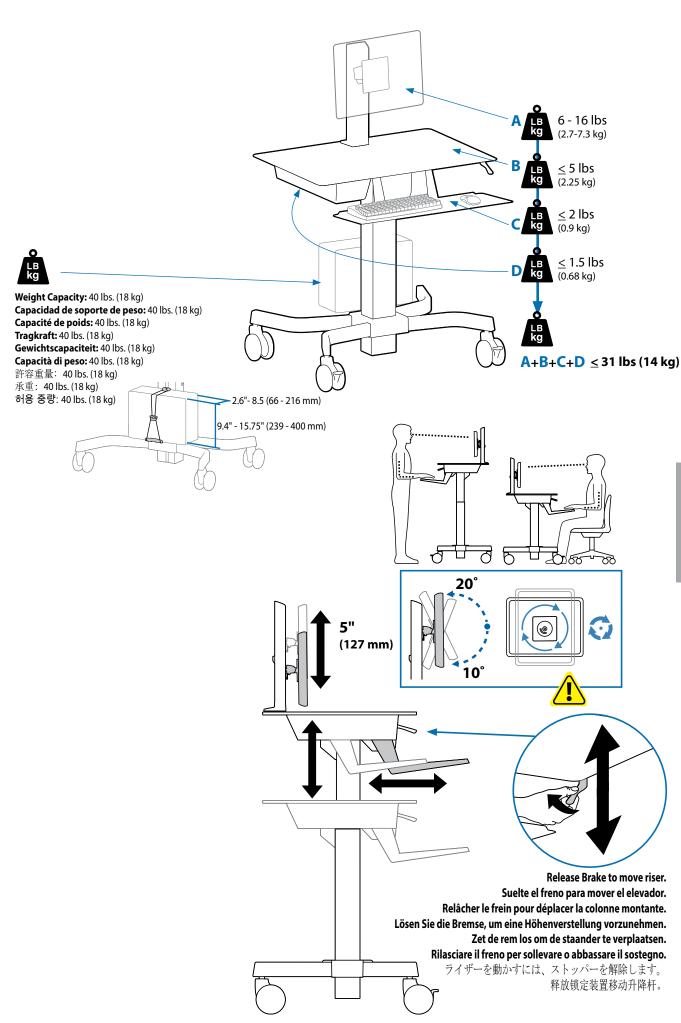
Do not tip the cart over on side. Cart must remain upright at all times. Tipping cart on side may cause unintended motion of the riser. Failure to heed this warning may result in serious personal injury or property damage!



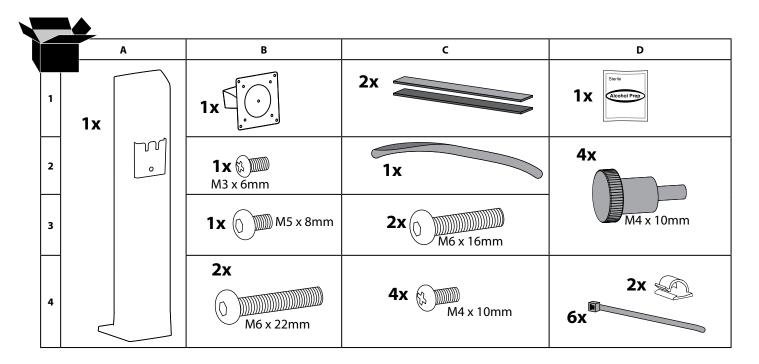
For more information on safe set-up, adjustment and use of this product refer to user manual at www.ergotron.com or contact Ergotron Customer Care at 1-800-888-8458.

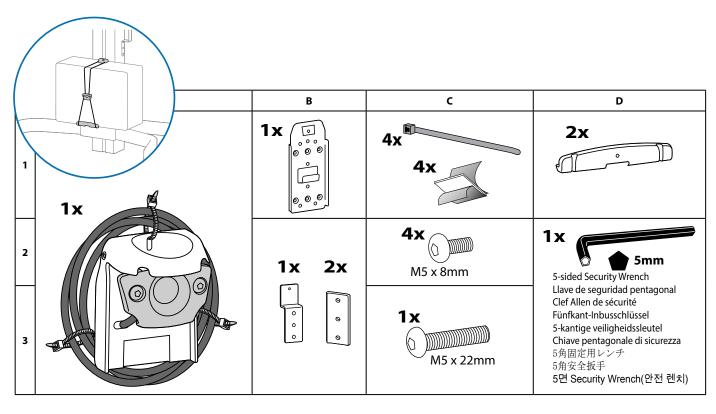


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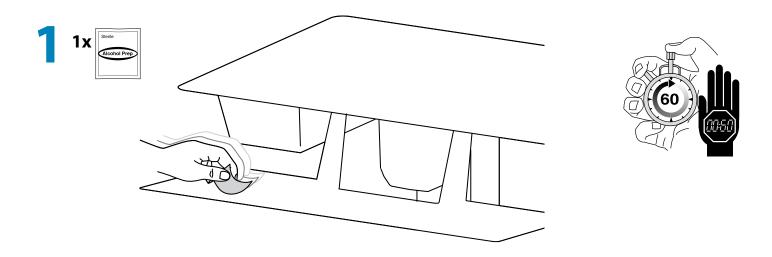


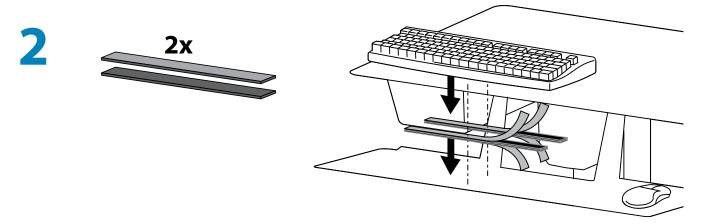


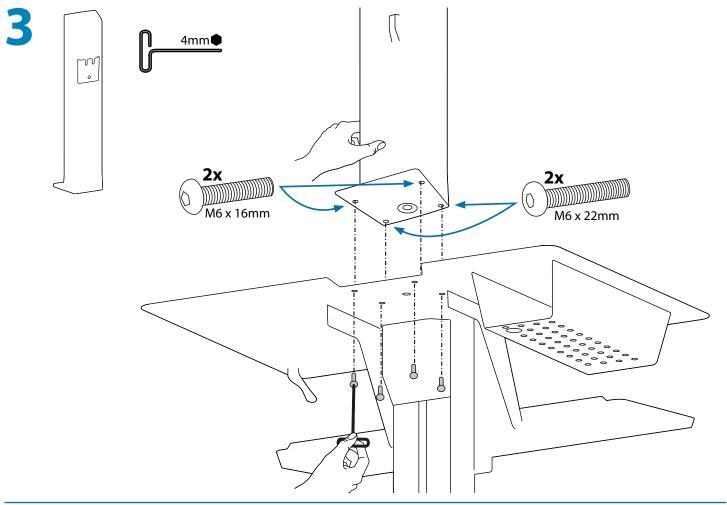


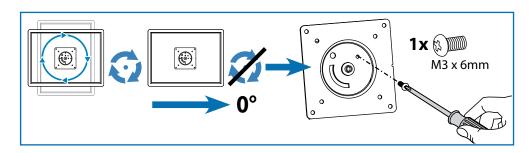


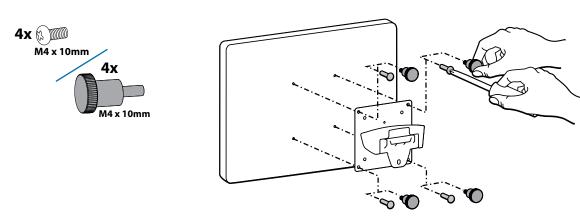


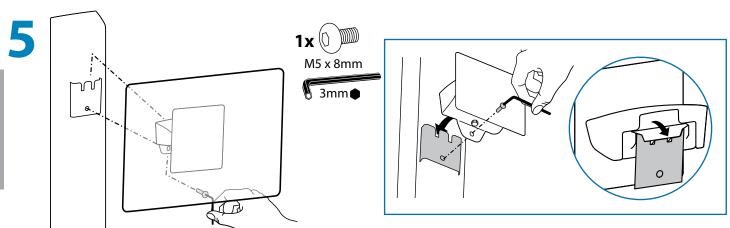


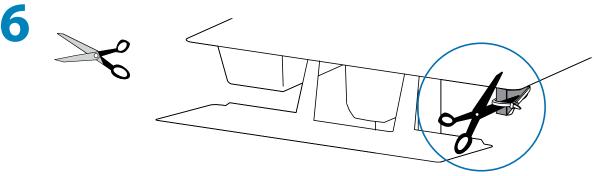


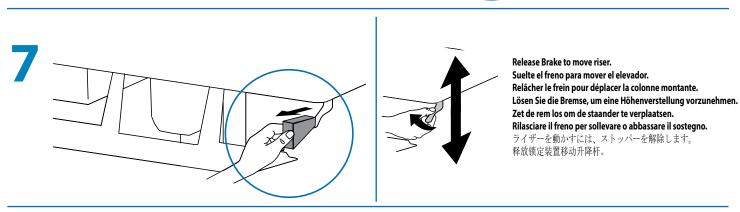


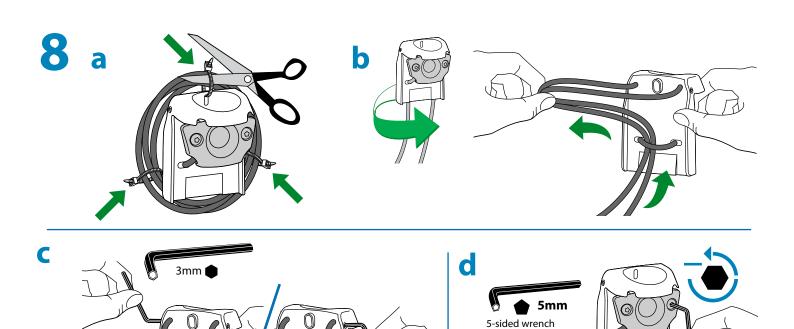








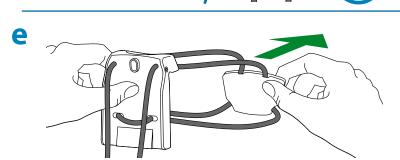


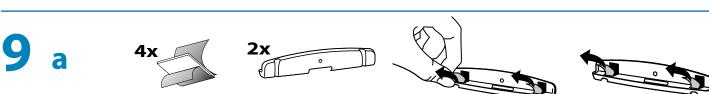


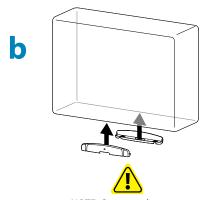
llave pentagonal Clef Allen Inbusschlüssel 5-kantige sleutel Chiave a 5 lati 5 角レンチ 5角扳手

5면 렌치

d

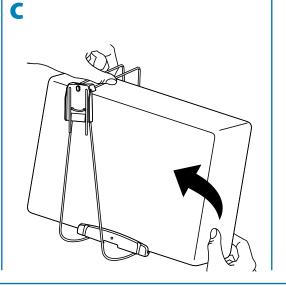


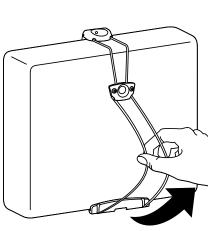




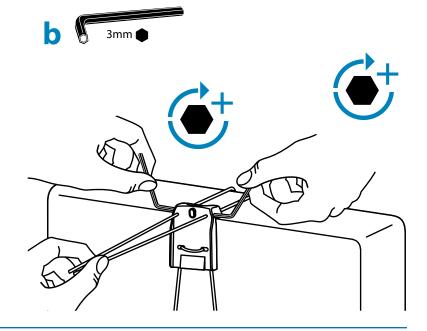
NOTE: Center on bottom NOTA: Centre por la parte inferior REMARQUE : centrer la partie inférieure HINWEIS: Richten Sie die Geräte mittig aus. OPMERKING: Centreren op onderkant NOTA. Centrare nella parte inferiore. OBS: Mitten på underdelen 注:下部の中央

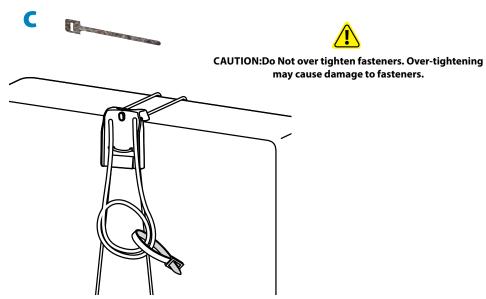
注:下部の中央注意:底部居中





# 10 a

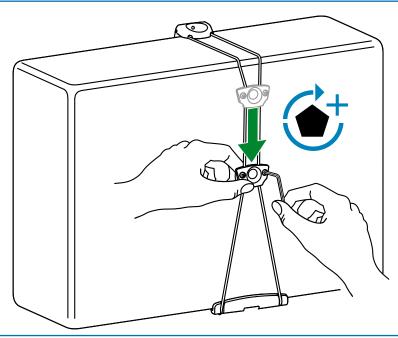


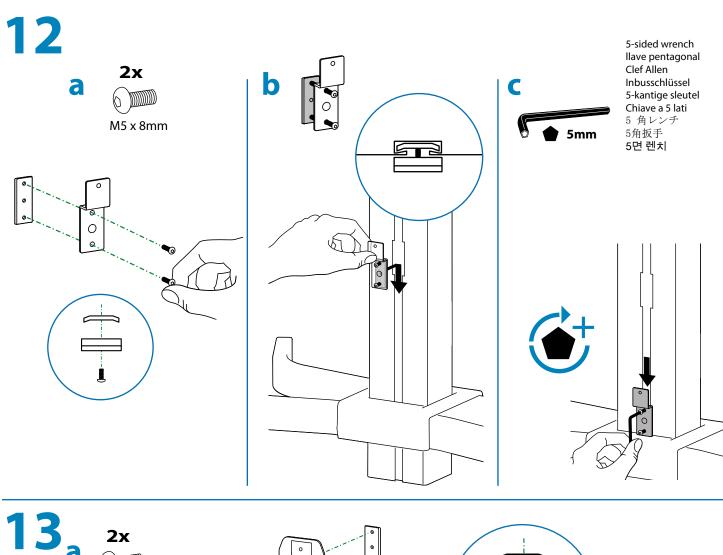


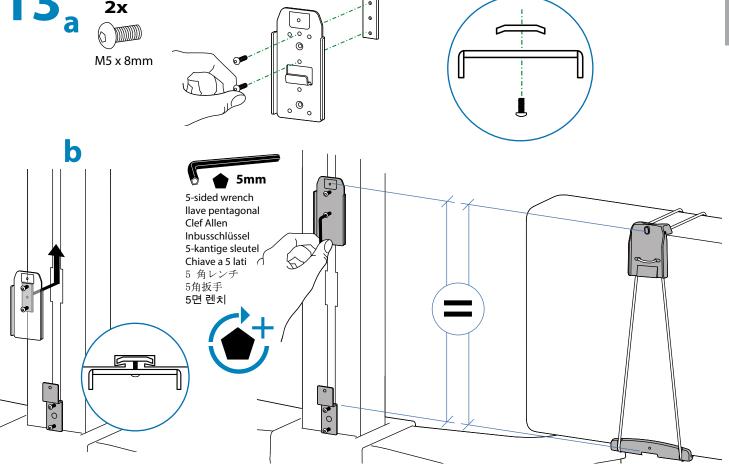
11

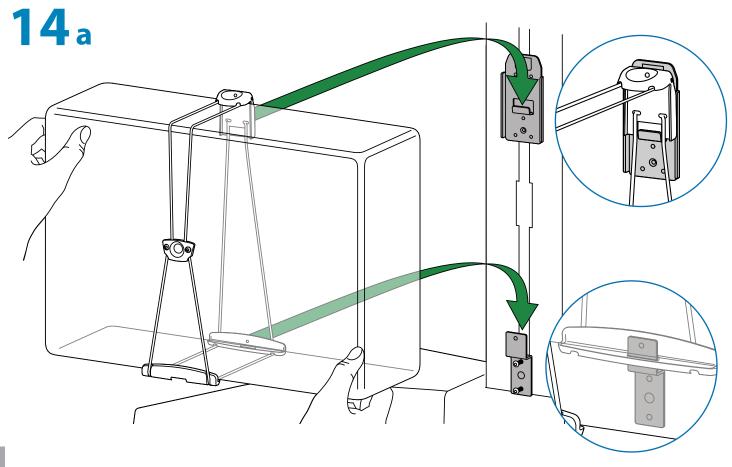


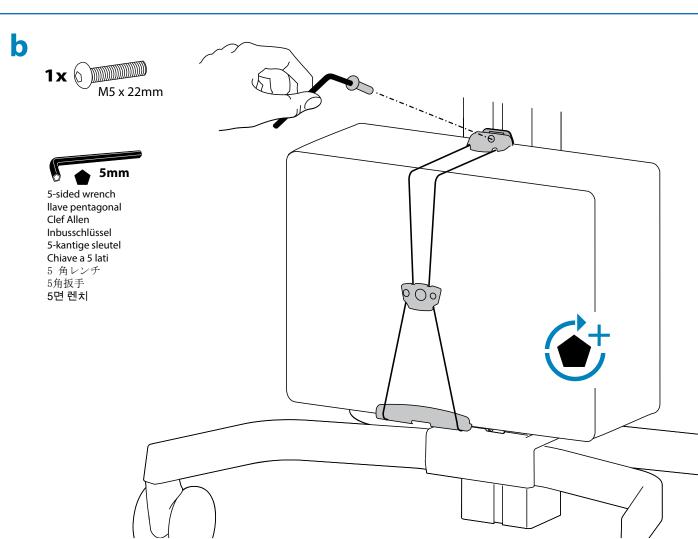
5-sided wrench llave pentagonal Clef Allen Inbusschlüssel 5-kantige sleutel Chiave a 5 lati 5 角レンチ 5角扳手 5면 렌치







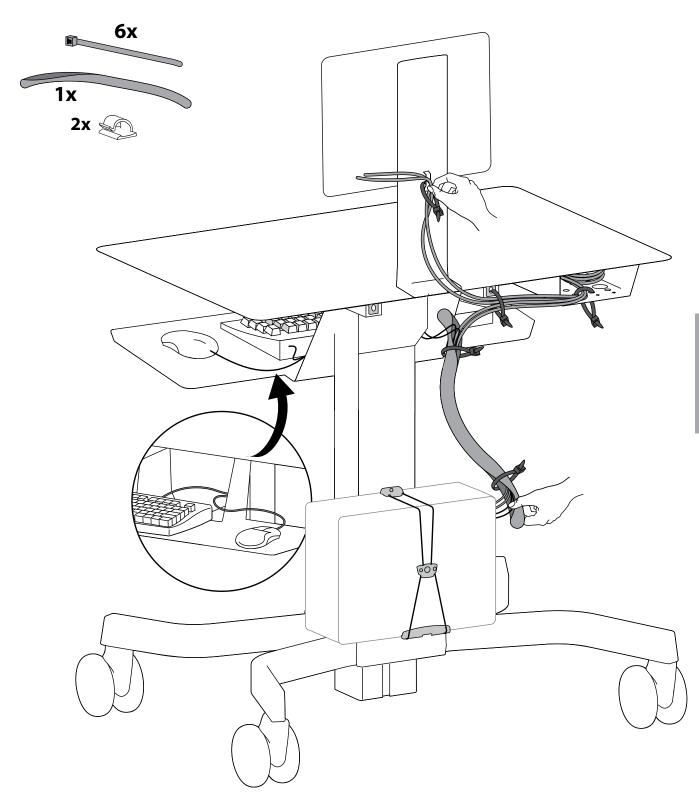






NOTE: Leave enough slack in cable to allow full range of motion.

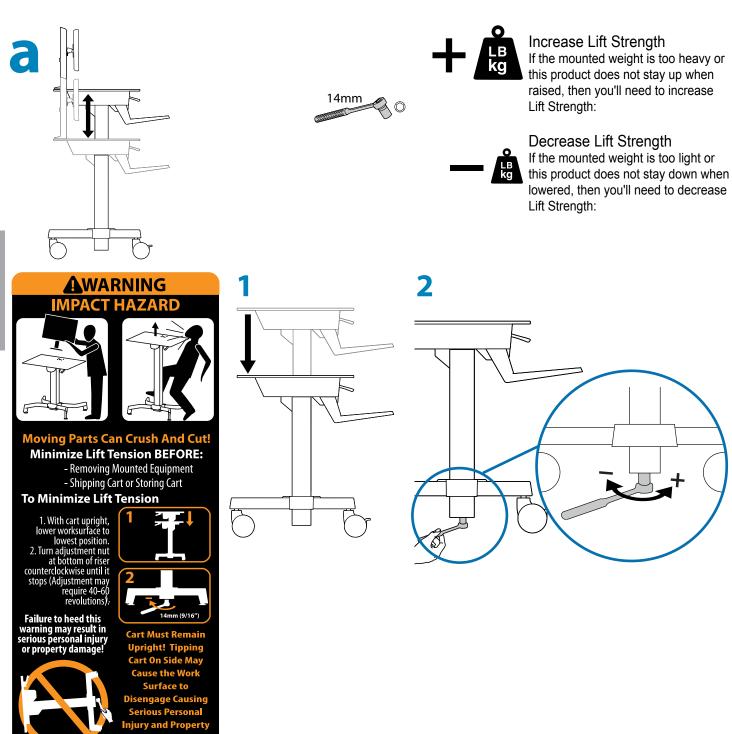
🚺 Caution: To avoid the potential to pinch cables it is important to follow the cable routing instructions in this manual. Failure to follow these instructions may result in equipment damage or personal injury.



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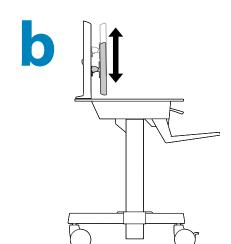
# 16 Adjustment Step

Important! You will need to adjust this product after installation is complete. Make sure all your equipment is properly installed on the product before attempting adjustments. This product should move smoothly and easily through the full range of motion and stay where you set it. If movements are too easy or difficult or if product does not stay in desired positions, follow the adjustment instructions to create smooth and easy movements. Depending on your product and the adjustment, it may take many turns to notice a difference. Any time equipment is added or removed from this product, resulting in a change in the weight of the mounted load, you should repeat these adjustment steps to ensure safe and optimum operation.



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For More information and instructions refer to product guide at www.ergotron.com or contact Ergotron Customer Care at



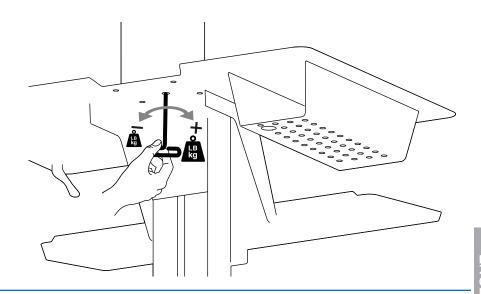


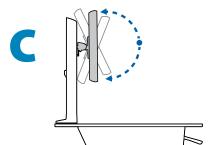
4mm

Increase Lift Strength
If the mounted weight is too heavy or this product does not stay up when raised, then you'll need to increase Lift Strength:



Decrease Lift Strength If the mounted weight is too light or this product does not stay down when lowered, then you'll need to decrease Lift Strength:







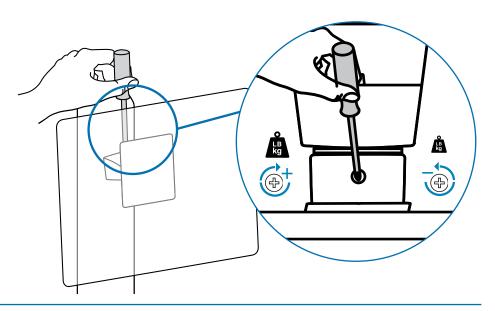
# Increase Friction

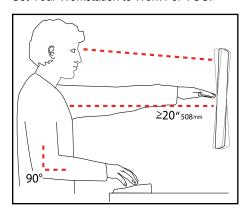
If this product moves too easily, then you'll need to increase friction:



# **Decrease Friction**

If this product is too difficult to move, then you'll need to decrease friction:





# Learn more about ergonomic computer use at: www.computingcomfort.org

Height Position top of screen slightly below eye level.

Position keyboard at about elbow height with wrists flat.

Distance Position screen an arm's length from face—at least 20" (508mm).

Position keyboard close enough to create a 90° angle in elbow.

Angle Tilt screen to eliminate glare.

Tilt the keyboard back 10° so that your wrists remain flat.

To Reduce Fatigue
Breathe - Breathe deeply through your nose.
Blink - Blink often to avoid dry eyes.
Break • 2 to 3 minutes every 20 minutes
• 15 to 20 minutes every 2 hours.

# For service and warranty visit www.ergotron.com

For local customer care phone numbers visit: <a href="http://contact.ergotron.com">http://contact.ergotron.com</a>

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